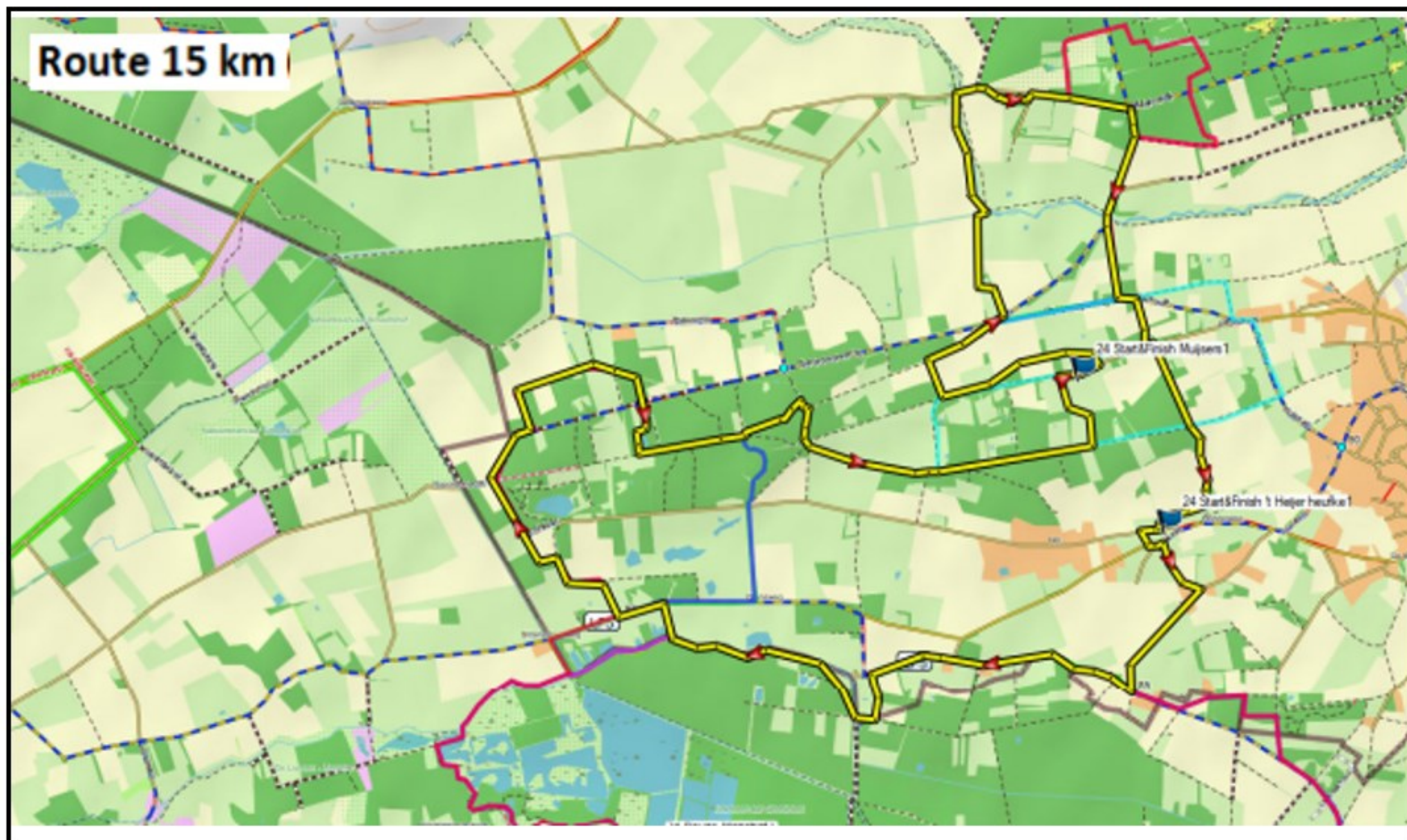




 Route 25 km (25,4)	 Route 20 km (19,9)	 Route 15 km (14,8)	 Route 10 km (10,7)	 Route 5 km (4,9)
Start: 't Heijer heufke	Start: 't Heijer heufke	Start: 't Heijer heufke	Start: 't Heijer heufke	Start: Muijsers
Pauze 1: Mariahof 10,2 km	Pauze 1: Mariahof 10,2 km	Pauze 1: Muijsers 9,3 km	Pauze: Muijsers 7,5 km	Finish: Muijsers 4,9 km
Pauze 2: Muijsers 18,4 km	Pauze 2: Muijsers 16,7 km	Finish: 't Heijer heufke 14,8 km	Finish: Heijer heufke 10,7 km	
Finish: 't Heijer Heufke 25,4 km	Finish: 't Heijer heufke 19,9 km			

KIIBN

