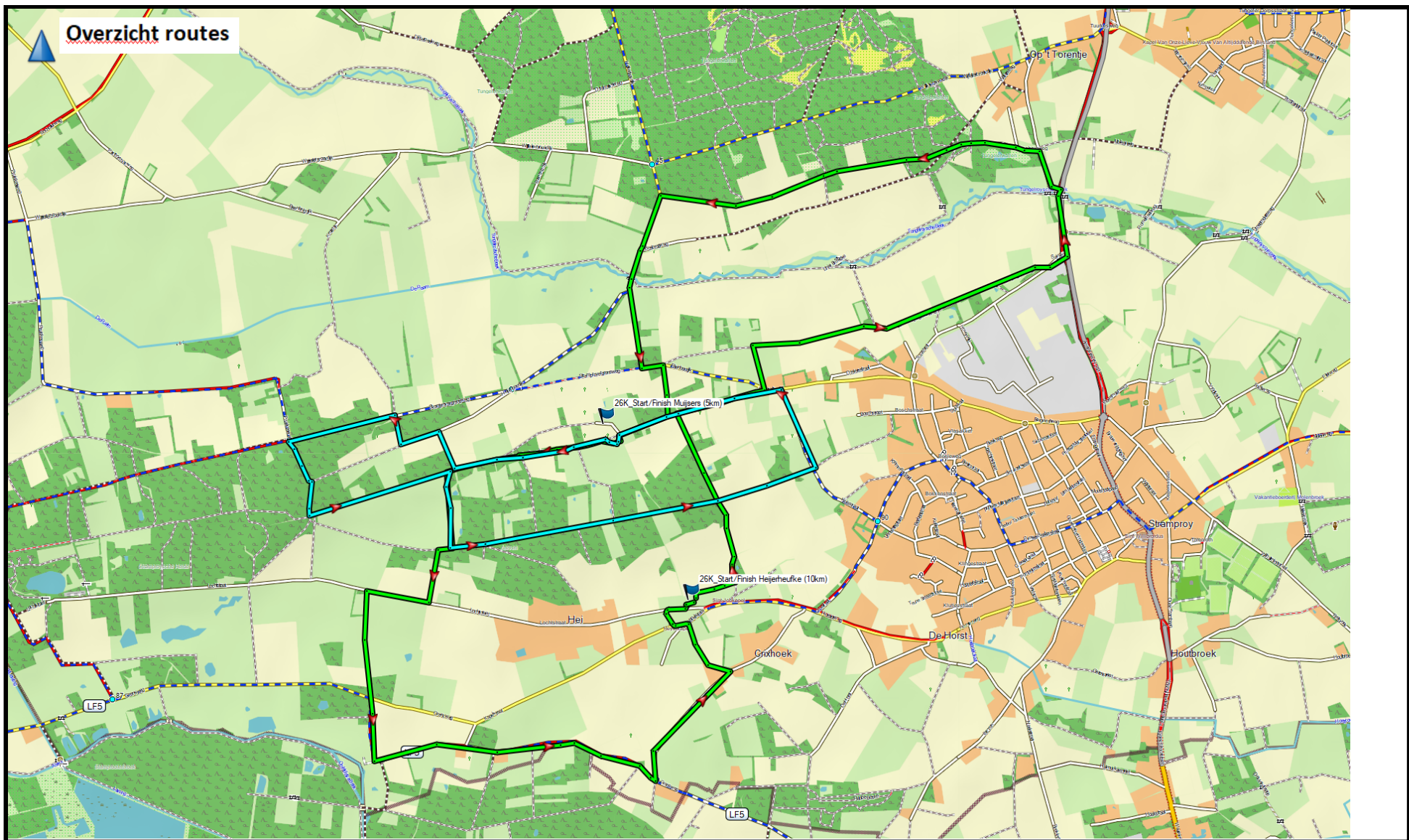




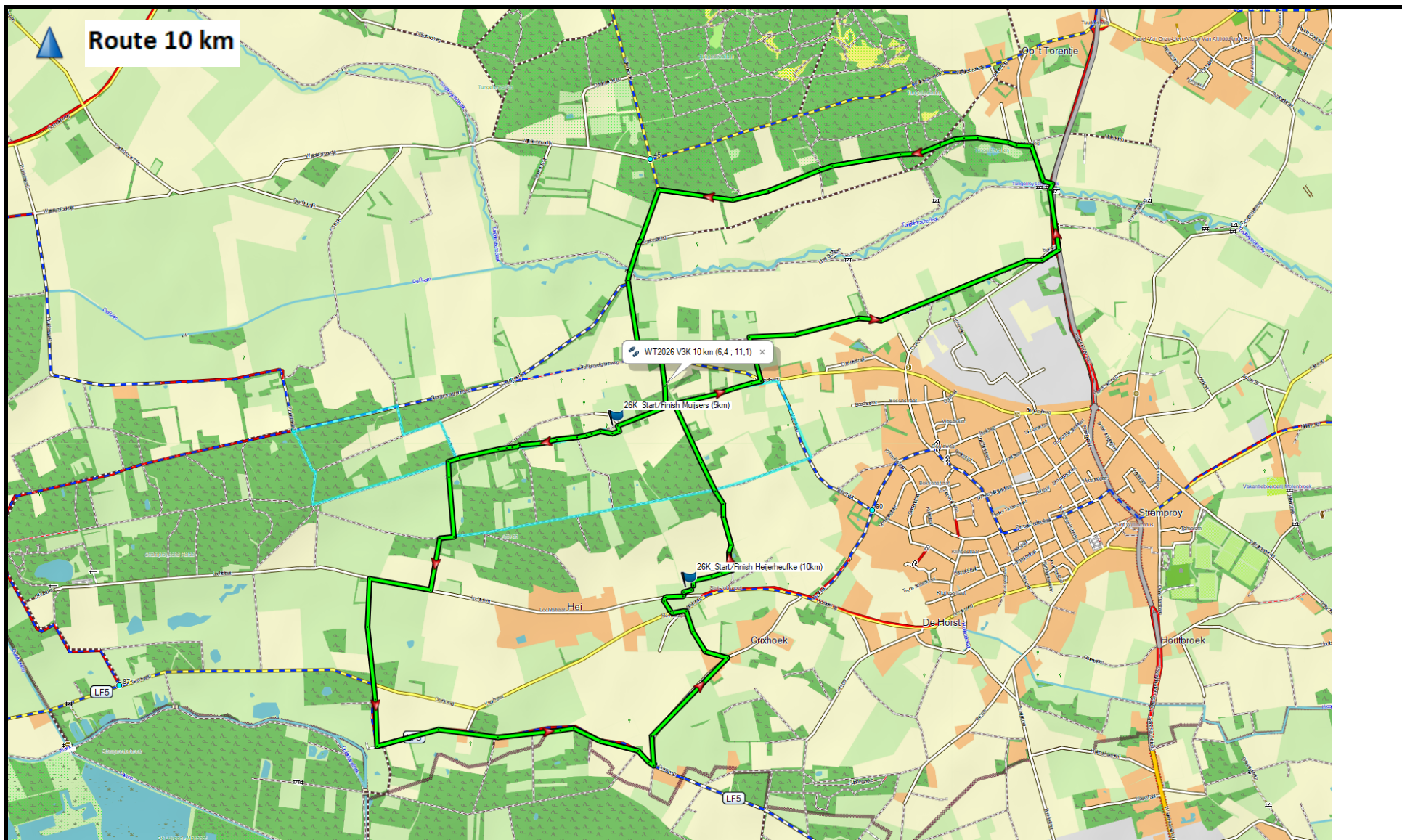
 **Route 10 km (11,1)**  **Route 5 km (5,6)**

Start: 't Heijer heufke  
Pauze: Muijzers 6,4 km  
Finish: Heijer heufke 11,1 km

Start: Muijzers  
Finish: Muijzers 5,6 km

KI/BN





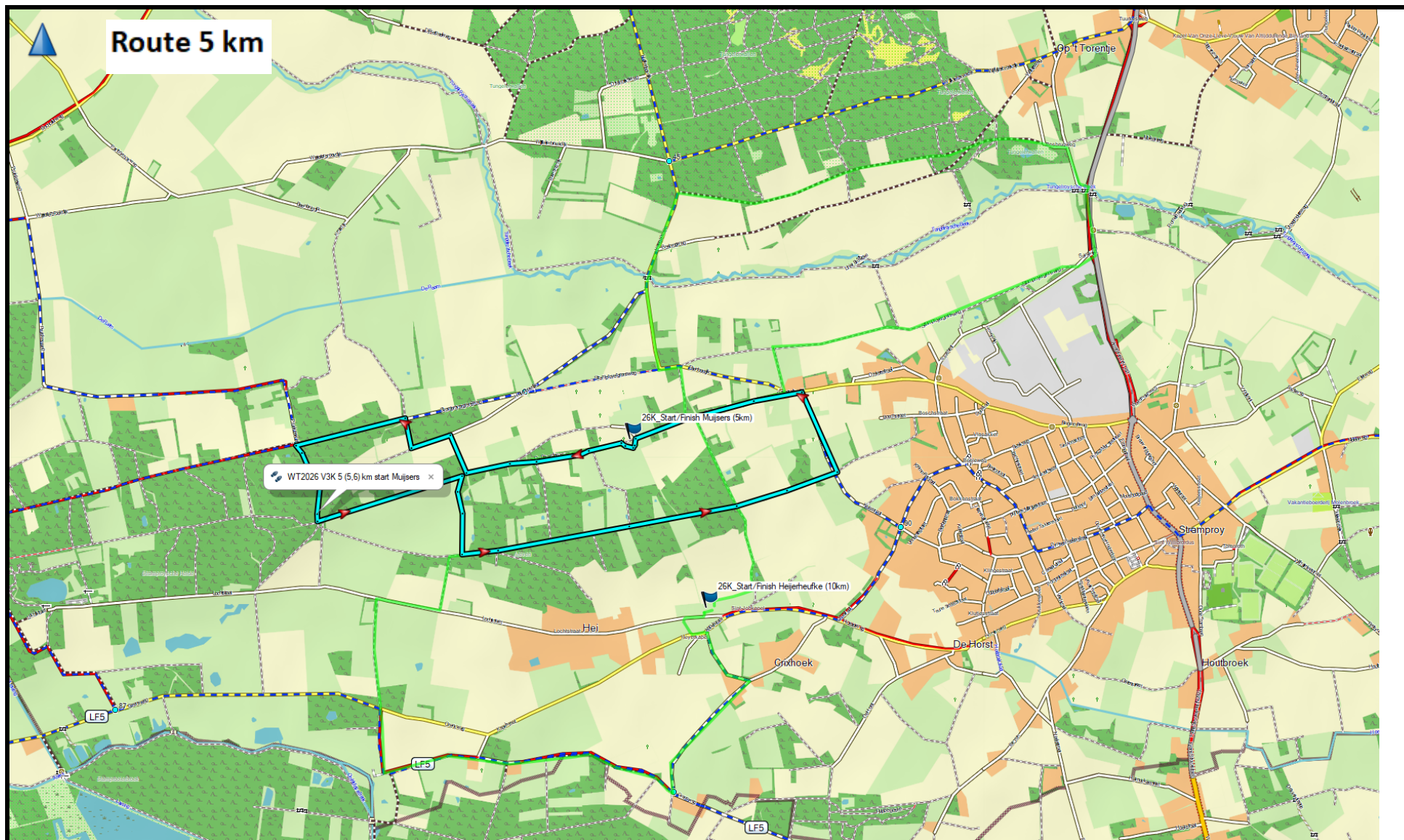
 **Route 10 km (11,1)**  **Route 5 km (5,6)**

Start: 't Heijer heufke  
Pauze: Muijers 6,4 km  
Finish: Heijer heufke 11,1 km

Start: Muijers  
Finish: Muijers 5,6 km

KI/BN





 Route 10 km (11,1)  Route 5 km (5,6)

Start: 't Heijer heufke  
Pauze: Muijzers 6,4 km  
Finish: Heijer heufke 11,1 km

Start: Muijzers  
Finish: Muijzers 5,6 km

KI/bN

